



## Goldington Day Centre

### About us

Goldington Day Centre is a purpose built, single storey day centre for older people over 65 and is open Monday to Friday 9am to 5pm and Saturday 9am to 3pm. We are situated in Barkers Lane approximately 2 miles from the centre of Bedford.

### Our aims

- To provide an environment which is secure, homely and friendly where personal, physical and emotional needs are met and gives you the encouragement to exercise choice where appropriate
- To offer planned care and support to enable you to fulfil your maximum potential
- To work closely with carers and other agencies in order to provide the service
- To involve you in decision making and planning wherever possible
- To promote a healthy independent lifestyle

### Services provided at Goldington Day Centre

We understand that as we age it becomes difficult for us to cope fully with the tasks associated with daily living. When you are referred to us we will discuss your health and social care needs with you.

We work alongside other health care professionals including Community Matrons and District Nursing teams and if your GP is in agreement, it might be

possible to treat you in our medical suite whilst you are at the centre.

We aim to help you pursue your interests and achieve your hopes and aspirations. We organise a range of group activities including daily chair based exercise and bingo sessions. There are also less formal activities available.

We also have professional entertainers on the activity programme. They visit once or twice a month, the days are varied to ensure all customers have an opportunity to enjoy.

We have a hairdressing salon on site which is available Thursday and Friday by appointment. We also have access to a private Chiropodist by appointment Monday to Friday subject to availability.

Refreshments are available throughout the day and lunch is freshly prepared each day. Our cook will discuss with you any dietary needs you might have and how best we can cater for you. Charges for drinks and meals are payable directly to Goldington Day Centre. We will discuss this with you when we visit you at home and talk about how you can pay for this service.

If your social worker assesses that you have an identified need for a bath or shower, you will be able to have a bath or shower at the centre.

Transport to and from the Centre is available for those who have it identified as a need through the assessment process. The centre has three vehicles which are fitted to a high specification to provide suitable access to the less mobile. Our vehicles are staffed by trained drivers and escorts.

## Eligibility and access

We can only help those whose independence is at the greatest risk if they do not receive a service from us. Bedford Borough's Community Older People's Social Work Team is the first point of contact for people interested in attending the centre.

A social worker will assess your need for support from health and social services - this is called the "assessment of needs". The assessment helps us to give priority as fairly as we can to those in greatest need of support. A decision will then be made as to whether you are eligible for any services at the centre

There is no charge for the assessment. The worker will discuss with you any costs relating to the service(s) you need with you and will arrange for an assessment of your financial circumstances. We can also assess whether there are any benefits that you are entitled to receive.

## Safeguarding Adults

Abuse is mistreatment by any other person that violates your human and civil rights. Bedford Borough Council is committed to safeguarding vulnerable adults from abuse (SOVA). If you are being abused or suspect that someone you know may be the victim of abuse contact Adult Services on 01234 276222. Your concerns will be taken seriously and will receive prompt attention.

## Having your say

We would like you to tell us how you think Bedford Borough Council's Adult Services have worked for you and what you think of our services. Our staff will ask for your views throughout your contact with us.

To give us feedback on the service you have received, please speak to the manager or staff at the Goldington Day

Centre or write to us at the address below.

Bedford Borough Council's Adult Social Care Services are independently regulated by the Care Quality Commission (CQC). If you want to discuss our service(s) with them they can be contacted at:

**Tel:** 03000 616161  
Care Quality Commission  
Citygate, Gallowgate  
Newcastle upon Tyne NE1 4PA.

**Email:** enquiries@cqc.org.uk

## How to find us

Leaving from the town centre on Goldington Road (A421), turn right opposite Goldington Green into Barkers Lane. Goldington Day Centre is on your left.

## Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

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## Contact Goldington Day Centre

**Tel:** 01234 228866

Goldington Day Centre  
10 Barkers Lane  
Bedford  
MK41 9SJ

## General Enquiries

**Tel:** 01234 267422

**Adult Social Care Services**  
Bedford Borough Council  
Borough Hall, Cauldwell Street  
Bedford MK42 9AP

**Email:** care@bedford.gov.uk