



BEDFORD
BOROUGH COUNCIL

Your guide to Bedford Borough Council's Re-ablement Team



Adults and Community Services

What is Re-ablement?

Re-ablement means the provision of planned, short term intensive services that work with you to help you to do as much as you can for yourself.

An illness or crisis can affect your independence and confidence in carrying out everyday activities. You may require help to regain skills or find new ways of doing things. We can offer practical help and encouragement to improve your confidence in your abilities.

We work with adults across Bedford Borough whose independence may be at risk if they do not receive this service from us.

Who are the Re-ablement Team?

We are a team of Re-ablement Support Workers and Coordinators, who are specially trained to look at helping you to regain skills, find new ways of doing things, providing encouragement or improving your confidence with your activities of daily living.

Will Re-ablement be right for me?

When you contact Adults and Community Services you will be asked a series of questions about your current situation including your health. In discussion with you, Adults and Community Services will find out if you would benefit from Re-ablement. Where appropriate you will be referred to the Re-ablement Team.

What happens next?

When we receive your referral a Coordinator will visit you to complete an assessment and see how you are managing at present. They will talk through with you what you would like to achieve and then agree a support plan specifically constructed to achieve these individual goals. We will then give you a copy of this plan.

The Re-ablement Support Workers will work with you at home to achieve these goals and promote your independence. At first we may need to visit you several times per day, but as you progress the number of visits may reduce. Our Coordinators will continue to review and amend your support plan regularly.

How long am I entitled to the service?

The Re-ablement Team will support you for up to 6 weeks, but may finish sooner if you are making good progress. Our Coordinators will review your ongoing progress and change your support plan as needed.

We hope that the intensive support you receive will mean that you need less help or even no support to live independently.

If you need ongoing support the Re-ablement Team will ensure that they discuss with you how you feel your needs can be best met. Please ask for a copy of our Self Directed Care leaflet for more information.

Eligibility and access

We give priority as fairly as we can and assist those people whose independence would be at the greatest risk if they didn't receive a service from us. We do this by considering your needs and current situation, and assessing the amount of risk you would face without the help being provided.

If we don't think that you are eligible then we will offer you advice and information about other services in Bedford that may be able to support you.

What about the cost?

There is no charge for our service for up to 6 weeks.

However, if you need ongoing support charges may apply. Your allocated Social Worker / Community Support Worker will discuss our Financial Assessment process with you to identify whether you qualify for financial assistance.

Safeguarding adults

Abuse is mistreatment by any other person that violates your human and civil rights. Bedford Borough Council is committed to safeguarding vulnerable adults from abuse (SOVA).

If you are being abused or suspect that someone you know may be the victim of abuse contact our Safeguarding Team on **01234 276222**. Your concerns will be taken seriously and will receive prompt attention.

Having your say

To give us feedback on the service you have received, please speak to the manager or staff in your social work team or write to us at the address on the back page.

Bedford Borough Council's Adults and Community Services are independently regulated by the Care Quality Commission (CQC). If you want to discuss our service(s) with them they can be contacted at:



03000 616161



enquiries@cqc.org.uk



Care Quality Commission

Citygate

Gallowgate

Newcastle upon Tyne

NE1 4PA



Notes

Finding out more

If you would like further copies, a large-print copy or more information about us and our services, please telephone or write to us at our address below.

Për Informacion

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برای اطلاع

Per Informazione

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Informacja

Za Informacije

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General Enquiries



01234 267422



Adults and Community Services

Bedford Borough Council

Borough Hall

Cauldwell Street

Bedford

MK42 9AP



care@bedford.gov.uk

Contact the Re-ablement Team



01234 718333



Borough Hall

Cauldwell Street

Bedford

MK42 9AP

**Ask for leaflet
AS135_13**



IAEBedsBoro.assessment@bedford.gov.uk