



Bedford Independent Living Team

Support for people with learning disabilities

About us

The Bedford Independent Living Team is a service for Adults with a Learning Disability. The Bedford Independent Living Team is a registered service with the Care Quality Commission. We are registered for Domiciliary Care.

Our Aims

The overall objective of the service is to provide individual programmes of assessment, training and support for people with learning disabilities. This is delivered in a way which enables the development of skills and confidence and promotes progress towards an increasingly independent lifestyle. We work together with other care providers wherever appropriate.

We aim to achieve this by pursuing the following objectives:

- Working in partnership with you to create an environment that encourages personal development, confidence, self esteem and promotes your independence
- Respecting your individuality and preferences
- Acknowledging your rights to full involvement in decisions affecting your life
- Promoting rights to privacy, respect, individual choice and an understanding of responsibilities
- Encouraging you to express your views and concerns, listening to and

then responding, both as groups and as individuals

- Respecting your cultural, ethnic and sexual identity and promoting choice
- Encouraging the use of independent advocates

Services we offer

We offer a 24-hour a day, 7 day a week, 365 day a year service.

We can provide the following training and support services:

- Shopping
- Cooking and healthy eating
- Checking post and completing forms
- Using public transport - Independent travel training
- Living Skills Assessments
- Laundry and ironing tasks
- Cleaning and domestic tasks
- Money skills and paying bills
- Using the telephone
- Support and training to access college

We can also provide:

- Help and advice when you are moving into a new house or flat
- Independent living experience in a group home
- Support with day-to-day living
- Support you to attend appointments such as the doctor, dentist or optician

Eligibility and access

The Bedford Independent Living Team provides services for adults with a

learning disability from 18 years of age who are eligible for Adult Social Care Services and are assessed as needing training and support to enable the development of skills and confidence to promote progress towards an increasingly independent lifestyle.

If you or anyone you know would like to use the service or find out more about the support available for people with a learning disability and their carers please contact the Adult Learning Disability Team on **01234 276762**. They can offer you advice on eligibility, the referral process and whether you will have to pay any contribution towards the cost of care.

Safeguarding adults

Abuse is mistreatment by any other person that violates your human and civil rights. Bedford Borough Council is committed to safeguarding vulnerable adults from abuse (SOVA). If you are being abused or suspect that someone you know may be the victim of abuse contact our Safeguarding Team on Tel: 01234 276222. Your concerns will be taken seriously and will receive prompt attention.

Having your say

We would like you to tell us how you think Bedford Borough Council's Adult Social Care services have worked for you and what you think of our services. To give us feedback please speak to the manager or staff in the Bedford Independent Living Team or write to the address below.

Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

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Contact The Bedford Independent Living Team

Tel: 01234 228838

Bedford Independent Living Team

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E-mail:

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General Enquiries

Tel: 01234 267422

Adult Social Care

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Borough Hall
Cauldwell Street
Bedford
MK42 9AP

Email: care@bedford.gov.uk