



BEDFORD
BOROUGH COUNCIL

Kempston Centre

Support for people with learning disabilities



Adults and Community Services

About us

The Kempston Centre is a day opportunities resource that is able to support people with a wide range of needs who require a buildings based service. We support people with a learning disability the opportunity to become an active part of their community, develop individual skills, living skills and attain nationally recognised qualifications.

Our aims

- We aim to create a dynamic, person centred, professional, modern and transformed service that enables you to make, and achieve your personal goals in a diverse, innovative and inclusive environment, that maximises the outcome.
- We aim to provide services that are tailored to meet your individual needs where possible we do this using a person centred approach.
- We aim to promote and celebrate cultural differences within the centre.
- We aim to provide clear standards and a quality service to facilitate a culture of openness and accountability.
- We aim to embrace Day Services Modernisation this includes joint working, personalisation and community inclusion.
- We aim to work in partnership with you to create an environment that encourages personal development, confidence, self esteem and to promote independence.
- We aim to work with partners in the private and voluntary sectors.
- We aim to promote and develop learning opportunities which encourage independent lifestyles whilst acknowledging your rights to full involvement in decisions affecting your life.
- We aim to encourage you to express your views and concerns, listening to and then responding, both as groups and as individuals. We also encourage the use of independent advocates.
- We have a skilled and well trained workforce who respond to meeting an individuals needs.

Services provided by Kempston Centre

We aim to provide a variety of sessions both in and outside of the centre, for example:

- Opti-music
- Swimming
- Sensory sessions
- Flower arranging
- Newsroom
- 'Thumbs up Creations' greeting cards for sale to the public
- A 'Meet and Greet' Service at Bedford Borough Hall- building confidence, work skills and community inclusion.
- Cople Coffee Shop
- Pre – employment signposting and development.
- Catering (providing buffets for external customers), gaining a recognised vocational certificate
- Gardening/ allotment scheme
- Harrold Country Park – Volunteer maintenance and Walks
- Woodwork and the arts
- Sport and leisure activities in the community and on site to promote healthy lifestyles

We encourage close links with the Centre for Independent living which operates from Gadsby Street in Bedford and we seek opportunities to fully access this base when people are out and about in town, due to its excellent personal care facilities. We also support close communication between day services, the Supported Employment Service and our Bedford Independent Team.

We encourage people to engage in 'projects towards enterprise' which are aimed at becoming 'social enterprises' in the future, The projects are all attached to a vocational certificate and there is fun and learning, with an emphasis towards an employment or work placement ethos, for those who are interested and want to develop their skills further.

We aim to provide activities for you that require high degrees of structure i.e. a unit that which is based on TEACCH principles if you have autism. We will ensure consistency of support and care that will help enable you to move forward and develop.

The Centre involves people in many projects, such as Kempston Street and Park Ranger's Services where we support people to work in the park and surrounding areas, helping to keep them clean and safe. The Centre gets involved in community activities e.g. "Kempston in Bloom" competition, along with being street champions. We believe we can make a difference in our local area by taking an active role.

We asked people what they like about the centre:

"I like football, playing sport, cooking, I like going into town" Khuram

"I like wood work swimming and walking with people at the Park" Robert.

People enjoy wood work it gives the opportunity to use and develop practical skills

When Katherine was asked what she enjoyed at the Kempston centre she said

"Computers Art College Courses"



Coffee Shop

"What I like about the coffee shop is working in the kitchen, drying up, putting out the cutlery and the cups. I enjoy being with the customers, I like washing up. I like being with my friends who work there. I like making the cakes on Monday's. I like having my lunch there and my cake afterwards."
Katherine

Thumbs up creations!

Cards are made by the service users and available to buy from the Kempston Centre and in and around town, at craft fairs, and in Bedford Library and other places.

The thumbs up creations project designs greeting cards using thumb prints. The results have been well received by the community and by the service users making and selling the cards. The success of this project is due to the diversity of the service users who produce the product.

Allotment and rural area

The local allotment we work on in Kempston (off site) gives people who are interested in developing knowledge and skills in most aspects of gardening from seeding; taking cuttings, maintaining tools, proving fresh produce to the catering group, and learning about health and safety. The allotment and rural area also provide opportunities for appreciation of nature, tree and plant type's sound and touch.

We support individuals to gain certificates in a range of subjects this is called ASDAN. ASDAN stands for the Award Scheme Development and Accreditation Network.

Regardless of an individuals abilities we promote opportunities for all.



Eligibility and access

The Kempston Centre provides services for adults with a learning disability from 18 years of age who are eligible for Adult Social Services and are assessed as needing day opportunities.

If you or anyone you know would like to use the service or find out more about the support available for people with a learning disability and their carers please contact the Adult Learning Disability Team on Tel: **01234 276762**. They can offer you advice on eligibility, the referral process and whether you will have to pay any contribution towards the cost of care.

Safeguarding adults

Abuse is mistreatment by any other person that violates your human and civil rights. Bedford Borough Council is committed to safeguarding vulnerable adults from abuse (SOVA). If you are being abused or suspect that someone you know may be the victim of abuse contact Adults and Community Services. Your concerns will be taken seriously and will receive prompt attention.

Having your say


We would like you to tell us how you think Bedford Borough Council's Adults and Community Services have worked for you and what you think of our services. Our staff will ask for your views throughout your contact with us.

To give us feedback on the service you have received, please speak to the manager or staff at the Kempston Centre or write to us at the address on the back page.

Bedford Borough Council's Adults and Community Services are independently regulated by the Care Quality Commission (CQC). If you want to discuss our service(s) with them they can be contacted at:

 03000 616161

 enquiries@cqc.org.uk

 **Care Quality Commission**
National Correspondence
Citygate, Gallowgate,
Newcastle upon Tyne, NE1 4PA.



How to find us



Turn into Williamson Road, and then into Carnell Close opposite the shops.

Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

Për Informacion

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برای اطلاع

Per Informazione

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Informacja

Za Informacije

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Contact the Kempston Centre



01234 853973



Kempston Centre

Carnell Close

Kempston

Bedfordshire

MK42 7HP



kempstoncentre@bedford.gov.uk

General Enquiries



01234 267422



Adults and Community Services

Bedford Borough Council

Borough Hall

Cauldwell Street

Bedford

MK42 9AP



care@bedford.gov.uk

**Ask for leaflet
AS158_13**