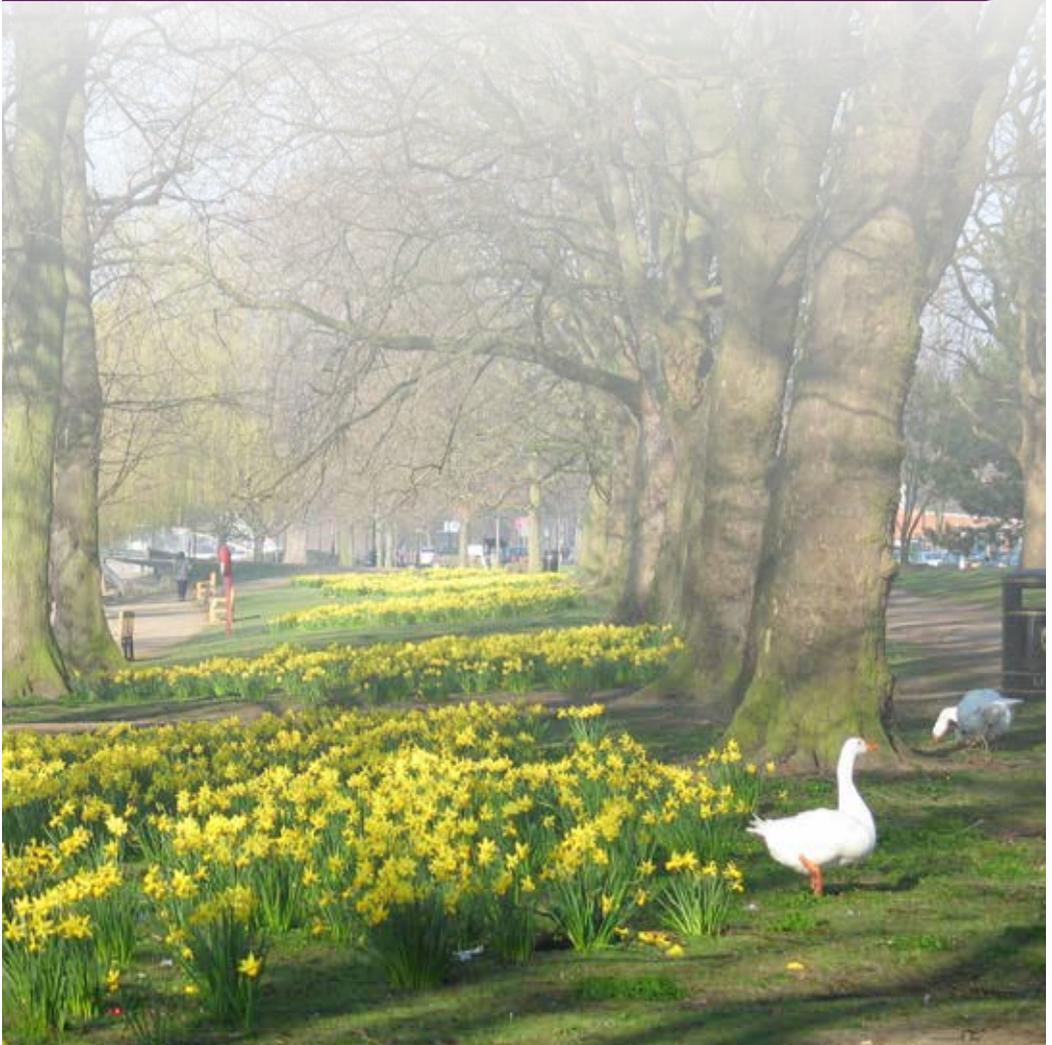




**BEDFORD**  
BOROUGH COUNCIL

# Goldington Day Centre



*Adults and Community Services*

## About us

Goldington Day Centre is a purpose built, single storey day centre for older people over 65 and is open Monday to Friday between 9am and 5pm. We are situated in Barkers Lane approximately 2 miles from the centre of Bedford.

## Our aims

- To provide an environment which is secure, homely and friendly where personal, physical and emotional needs are met and gives you the encouragement to exercise choice where appropriate
- To offer planned care and support to enable you to fulfil your maximum potential
- To work closely with carers and other agencies in order to provide the service
- To involve you in decision making and planning wherever possible
- To promote a healthy independent lifestyle

## Services provided at Goldington Day Centre

We understand that as we age it becomes difficult for us to cope fully with the tasks associated with daily living. When you are referred to us we will discuss your health and social care needs with you.

We work alongside other health care professionals including Community Matrons and District Nursing teams and if your GP is in agreement, it might be possible to treat you in our medical suite whilst you are at the centre.

We aim to help you pursue your interests and achieve your hopes and aspirations. We organise a range of group activities including pottery classes, chair based exercise and creative writing. There are also less formal activities available.

If we assess that a bath or shower will be beneficial for you this will be included in your care plan and you will be able to have a bath or shower at the centre.

We also have a hairdressing salon on site which is available Tuesday to Friday by appointment.

Refreshments are available throughout the day and lunch is freshly prepared each day. Our cook will discuss with you any dietary needs you might have and how best we can cater for you. Charges for drinks and meals are payable directly to Goldington Day Centre. We will discuss this with you when we visit you at home and talk about how you can pay for this service.

We can provide transport to and from the centre. The centre has three vehicles which are fitted to a high specification to provide suitable access to the less mobile. Our vehicles are staffed by trained drivers and escorts.

## **Eligibility and access**

We can only help those whose independence is at the greatest risk if they do not receive a service from us. Bedford Borough's Community Older People's Social Work Team is the first point of contact for people interested in attending the centre. A social worker will assess your need for support from health and social services - this is called the "assessment of needs". The assessment helps us to give priority as fairly as we can to those in greatest need of support. A decision will then be made as to whether you are eligible for any services at the centre

There is no charge for the assessment. The worker will discuss with you any costs relating to the service(s) you need with you and will arrange for an assessment of your financial circumstances. We can also assess whether there are any benefits that you are entitled to receive.

## **Safeguarding Adults**

Abuse is mistreatment by any other person that violates your human and civil rights. Bedford Borough Council is committed to safeguarding vulnerable adults from abuse (SOVA). If you are being abused or suspect that someone you know may be the victim of abuse contact Adults and Community Services on 01234 276222. Your concerns will be taken seriously and will receive prompt attention.

## **Having your say**

We would like you to tell us how you think Bedford Borough Council's Adults and Community Services have worked for you and what you think of our services. Our staff will ask for your views throughout your contact with us.

To give us feedback on the service you have received, please speak to the manager or staff at the Goldington Day Centre or write to us at the address on the back page.

Bedford Borough Council's Adults and Community Services are independently regulated by the Care Quality Commission (CQC). If you want to discuss our service(s) with them they can be contacted at:

Goldington Day Centre



03000 616161



enquiries@cqc.org.uk

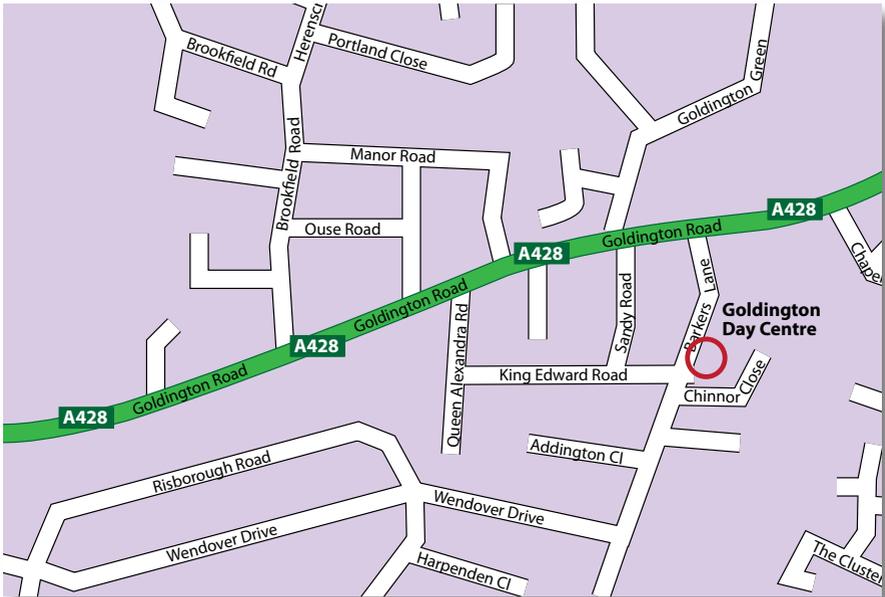


**Care Quality Commission**

National Correspondence  
Citygate, Gallowgate,  
Newcastle upon Tyne, NE1 4PA.



## How to find us



Leaving from the town centre on Goldington Road (A421), turn right opposite Goldington Green into Barkers Lane. Goldington Day Centre is on your left.

## Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

Për Informacion

المعلومات

ਜਾਣਕਾਰੀ ਲਈ

برای اطلاع

Per Informazione

معلومات کے لئی

Informacja

Za Informacije

তথ্যের জন্য

## Contact Goldington Day Centre



01234 228866



**Goldington Day Centre**

10 Barkers Lane

Bedford

MK41 9SJ



goldington@bedford.gov.uk

## General Enquiries



01234 267422



**Adults and Community Services**

Bedford Borough Council

Borough Hall

Cauldwell Street

Bedford

MK42 9AP



care@bedford.gov.uk

**Ask for leaflet  
AS137\_13**